

Venus Vein Center
1101 Laurel Oak Road
Suite 120
Voorhees, NJ 08043
856-354-VEIN

Post Sclerotherapy Treatment Discharge Instructions:

This evening take off your ace bandages and remove the cotton balls and tape. You can discard the cotton and tape at that time. Rewrap your legs with the ace bandages. Sleep with your ace wraps tonight.

In the morning, remove the ace bandage and shower as you normally would. Immediately following your shower, rewrap you legs with the ace bandage. It is VERY IMPORTANT to wear your ace wraps when you are up on your feet.

The second night, and each night after, remove your ace bandages before going to bed. In the morning, once again, shower if you wish, and rewrap your leg(s) with the ace bandage. Follow this routine for 3 days.

You may notice some bruising. This is normal and to be expected. This will disappear with healing.

You must walk! At least 30 minutes per day following treatment. Your legs may feel tender and sore. The more you walk, the better you will feel.

Veins that have been treated will be sensitive and tender to touch.

No hot tubs.

No alcohol.

No Jacuzzi's.

For two days.

Swelling may be treated with ice and Tylenol and non-aspirin pain relievers.

Patient Signature _____

Patient Name _____ Date _____